



Health and care news from across north east London

Welcome to our public bulletin keeping local people informed about health and care services; and how you can stay well and keep safe.

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How and where to get the vaccine

We have now given over two million Covid-19 vaccinations in north east London.

If you are eligible you can get vaccinated whenever suits you, including at weekends and in the evening at over 50 sites in north east London. You don't have to wait to be invited and you don't need to bring any paperwork.

- [For centres, opening times, and booking information in Barking, Dagenham, Havering, and Redbridge click here.](#)
- [For centres, opening times and booking information in City and Hackney click here.](#)
- [For centres, opening times and booking information in Tower Hamlets, Newham and Waltham Forest click here.](#)

Don't forget to book your second dose, they're really important in giving you maximum protection from Covid-19. You can book your second dose between eight and 12 weeks after the first.

Covid-19 vaccines for anyone aged 16 and over

People aged 16-17 can now get a Covid-19 vaccine to protect yourself and those around you from Covid-19. You can book your vaccine now on the [national booking system](#), call 119 or simply walk in to any of the vaccination sites (not pharmacies) [listed on here](#).

Even more sites across north east London with start giving jabs to 16-17 year olds soon so keep an eye on our vaccine pages

<https://www.eastlondonhcp.nhs.uk/ourplans/covid-19-vaccination-programme.htm>

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About North East London Health and Care Partnership (NEL HCP)

North East London Health and Care Partnership is our integrated care system, which brings together NHS organisations, local authorities, community organisations and local people to ensure our residents can live healthier, happier lives.

You do not need to come with a parent/guardian, but please bring proof of age.

Others aged under 18

The [JCVI has also advised](#) that children and young people aged 12 -15 should be offered a Covid-19 vaccination if they have specific underlying health conditions that puts them at risk of serious illness or if they are household contacts of adults or children who are immunosuppressed (we have already been offering vaccines to those in these circumstances aged 16 and over). We are developing local plans on how we will provide the vaccine to these children for later this month and all those eligible will be contacted when the vaccine is available.

Covid-19 in pregnancy

[Latest data shows](#) that no pregnant women with both doses of the vaccine had been admitted to hospital. Almost all (98%) pregnant women admitted to hospital with Covid-19 have not been jabbed.

The data also shows that one in five women admitted to hospital with serious Covid symptoms went on to give birth prematurely, and the likelihood of delivery by caesarean section doubled. One in five babies born to mothers with Covid symptoms were also admitted to neonatal units.

Covid-19 vaccines are the safest and best way to protect you and your baby.

Marie Gabriel - Chair designate for the NHS NEL Integrated Care Board

Marie Gabriel, [NEL Independent Integrated Care System Chair](#), has been [officially confirmed as the Chair designate for the NHS NEL Integrated Care Board](#) - the statutory [Integrated Care System \(ICS\)](#) body which is anticipated to be established as a result of the [Health and Care Bill](#).

Barts services affected by heavy rainfall

Heavy rainfall on 25 July led to flooding across parts of north east London. Flooding affected Newham Hospital and St Bartholomew's Hospital but hit Whipps Cross Hospital hardest, causing damage to buildings, the electrical system and a loss of power. Barts Health is working to resolve some of these issues and [you can find out the latest here](#).

NHS 111

NHS 111 can help if you have an urgent medical problem and you're not sure what to do. It is available 24 hours a day, 7 days a week. To get help from NHS 111, you can:

- go to 111.nhs.uk (for people aged five and over only)
- call 111



You answer questions about your symptoms on the website, or by speaking to a fully trained adviser on the phone. Depending on the situation you will find out what local service can help you, be connected to a nurse, emergency dentist, pharmacist or

GP, get a face-to-face appointment if you need one or be given an arrival time if you need to go to A&E – this might mean you spend less time in A&E.

Queen's and King George hospitals have produced some [new videos](#) urging people to seek advice before visiting A&E. They are also asking visitors to both hospitals to take a [Covid-19 rapid lateral flow test before visiting loved ones](#).

New chief executive for the NHS

Amanda Pritchard has been [appointed as the new Chief Executive Officer of NHS England](#). She started on 1 August and will be the first woman to hold the post.

Summer Health Festival for Young Londoners

Public Health England, NHS and the Mayor of London want to work with young Londoners to design a festival of events and campaigns to explore their journeys out of Covid-19.

The festival of events is planned for 23-30 August and organisers are looking for young people aged 18-25 years old to help shape the week and make sure it is what young Londoners want and need. Information on how you can [get involved is here](#). There are also grants of up to £1,000 on offer to support the delivery of creative activities or events for the festival and [details of how to apply are here](#).

NHS app guide

BT has produced a [guide for those with limited digital skills](#) so that they, most likely with the help of a friend or relative, can download the app and use it to get their Covid Pass, order repeat prescriptions, make appointments and more. Please feel free to share with your friends and family.

Flu vaccination: who should have it this winter?

[This guidance](#) explains how you can help protect yourself and your children against flu this winter and why it's so important that people at increased risk from flu, or who care for someone vulnerable, have their free vaccination this year.

Volunteer stewards needed for Covid-19 vaccine programme

More volunteer stewards are urgently needed across the capital to support the roll-out of the Covid-19 vaccine. Please visit the NHS Volunteer Responders website to [find out more about how you can help](#).

NHS
VOLUNTEER
RESPONDERS

DELIVERED BY
ROYAL
VOLUNTARY
SERVICE



NHS

**Volunteer now to
support COVID-19
vaccination**

Let's get the jobs done!

