



Health and care news from across north east London

Welcome to our public bulletin (also available on our [website](#)) keeping local people informed about health and care services; and how you can stay well and keep safe.

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Vaccination update

Over 1 million Covid-19 vaccinations have now been given in north east London.

This is a mammoth achievement and we want to congratulate all the health and care staff and volunteers whose hard work has made it happen.

Every vaccine gives us hope and helps us get back to doing the things we've missed, such as seeing family and friends



About North East London Health and Care Partnership (NEL HCP)

North East London Health and Care Partnership is our integrated care system, which brings together NHS organisations, local authorities, community organisations and local people to ensure our residents can live healthier, happier lives.

We urge everyone aged 40 and over who has not yet had their first vaccine to book on the [national booking system](#) or call 119; or wait to get a text or letter to book at alternative sites.

If you can't use the national system and you are aged 50 or over; or are aged 16 or over and are [clinically vulnerable](#) (have a condition that puts you at high risk if you catch Covid-19); or if you are living with a person who is immunosuppressed; then you should contact your GP.

If you have had your first vaccine, please make sure you have the second vaccine to ensure maximum protection. If you don't hear about your second vaccination and it is more than 77 days since your first vaccine, there's [information here](#) on how to get your second dose.

Please visit [our website](#), [frequently asked questions](#) and [videos](#) for all the facts.

[A map of all the current north east London vaccination centres is available online here.](#)

Supporting the India coronavirus appeal

India is facing an unprecedented wave of coronavirus infections. The [Disasters Emergency Committee \(DEC\) is calling for donations](#) to help support them in helping the most vulnerable in India face the devastating surge in Covid-19 cases.

Sign language videos

There are a range of [videos](#) on the [NEL HCP website](#) which are regularly reviewed and updated. There is now a section with videos containing information about the Covid-19 vaccine for people who use [British Sign Language](#) (BSL), including information on the vaccine and fertility and for women who are pregnant or breastfeeding.

Get your routine vaccinations

Despite the pandemic, it is important that you (or if you are a parent), your baby or child still have routine vaccinations – they protect you and our communities against potentially deadly illnesses.

It is safe to go and have your vaccinations – GP practices have measures in place to minimise any risk to you and your family. If you or your child have missed a vaccination appointment, please contact your GP practice to rebook. For details of which vaccinations are given and when, please visit the [NHS vaccinations](#) website.

Happy Eid

This year will once again be very different for people celebrating Eid-ul-Fitr, which will take place next week from 12 to 13 May. Eid is the festival that marks the end of a month of fasting during Ramadan and it is a joyous occasion for Muslims. This year of course Covid-19 restrictions mean many of the traditional communal activities will not take place as usual.

We would like to wish all those celebrating a safe and happy Eid and say thank you to our Muslim and wider community for hosting Covid-19 vaccination clinics during Ramadan and for their ongoing support of the vaccination programme.

See a GP out of hours

Knowing the right place for medical help can help you get the treatment you need faster. You can get an appointment with a GP in north east London every normal weekday evening between 6.30pm and 10pm (8pm in Hackney and City of London) and every weekend, or on bank holidays, between 8am and 8pm.

Details on how to book these appointments and access other help [can be found here](#).

Barts Health want your views

Barts Health NHS Trust is [asking for your views](#) to help improve their endoscopy service. An [endoscopy](#) is a procedure where organs inside your body are looked at using a long, thin tube that has a light and camera at one end. You don't have to have heard of endoscopy before and [the survey](#) should only take five minutes.

Barts Health has high numbers of patients cancelling or not turning up to their endoscopy appointments. This costs the NHS money but more importantly means people are not getting the treatment they need. They want to understand why so they can fix this.

Are you registered with a local GP?



The graphic features a blue background with the NHS logo in the top right. The main text reads 'Everyone is welcome in general practice'. Below this is a yellow card held by a hand, containing the NHS logo and the text: 'I have the right to register and receive treatment from a GP practice', 'I do not need a fixed address.', 'I do not need identification.', and 'Anyone in England can see a GP.'. To the right of the card is a blue 'OPEN' sign hanging from a string. At the bottom right, the text 'Find out more' is written in yellow, followed by the URL 'www.nhs.uk/register' in white, with a white mouse cursor arrow pointing to it.